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**USES OF HOMOEOPATHIC MEDICINE**

**Constitutional and preventative treatment**

- To treat all ongoing problems: asthma, eczema, arthritis, recurrent illness ...
- To resolve depression, anxiety, emotional distress, behavioural difficulties
- To raise resistance to infection
- To improve immune function and allergic tendencies
- To improve constitutional health, and thereby improve the health of our children
- Treatment in pregnancy is thought to improve the growing baby's future health.

**Personal development**

- Constitutional treatment brings insight into our emotional lives, and we start to see the reason for our symptoms and their symbolic value. The treatment helps us to move on after emotional trauma, discover what we really want to do with our lives, and better health and peace of mind naturally follow.

**Treatment of acute illness**

- Most acute illness, e.g. tonsillitis, glandular fever, bronchitis, 'flu, viral and bacterial infections, can be treated successfully by an experienced homeopath, so that antibiotics can be avoided. (Life-threatening illness should be treated in hospital, ideally with homoeopathic treatment as a support.)

**First aid**

- For home use : cuts, burns, bruising, strains and sprains, tendon and ligament damage, nerve pain, emotional shock, etc.

**Childbirth**

- Homoeopathy can be used, both in hospital and at home, to ease childbirth, prevent complications, and assist recovery.
- Breastfeeding difficulties can be resolved with homoeopathic remedies.

**Alongside orthodox medical treatment**

- Post-operative recovery and convalescence
- To relieve side-effects of drug treatment, including cancer treatment
- To aid withdrawal from prescription drugs
- Homoeopathic treatment can be used alongside conventional medication in most cases and can gradually reduce dependence on the medication.
- To help prevent and treat side-effects of vaccination
- To assist recovery after accidents and emergencies
- Palliative care and emotional support at the end of life

